

20 HOUR WORK WEEK SYSTEM

How to Have a 20 Hour Work Week
Even When You're Struggling to
Get Everything Done in 60 Hours a Week

pattylennon 

Building Soul-Infused™ Businesses

Time Tracking Sheet

12:00 am - 1:00 am	
1:00 am - 2:00 am	
2:00 am - 3:00 am	
3:00 am - 4:00 am	
4:00 am - 5:00 am	
5:00 am - 6:00 am	
6:00 am - 7:00 am	
7:00 am - 8:00 am	
8:00 am - 9:00 am	
9:00 am - 10:00 am	
10:00 am - 11:00 am	
11:00 am - 12:00 pm	
12:00 pm - 1:00 pm	
1:00 pm - 2:00 pm	
2:00 pm - 3:00 pm	
3:00 pm - 4:00 pm	
4:00 pm - 5:00 pm	
5:00 pm - 6:00 pm	
6:00 pm - 7:00 pm	
7:00 pm - 8:00 pm	
8:00 pm - 9:00 pm	
9:00 pm - 10:00 pm	
10:00 pm - 11:00 pm	
11:00 pm - 12:00 am	



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